# Center: Jeff Elkins; Also of Note, from left: Courtesy Houghton Mifflin Harcourt; Knopf Doubleday; Courtesy Houghton Mifflin Harcourt

# **Pick Your Pleasure**

'I'm in the mood for a book that's ...'

### **Inspiring and Hopeful**

The Buddhist on Death **Row: How One Man Found Light in the Darkest Place** 

by David Sheff Jarvis Jay Masters, 58, arrived at San Quentin State Prison as a rage-filled teen and spent decades learning Buddhist principles to free his mind from self-hatred and anger. It's a truly inspiring story by the author of Beautiful Boy. **HumanKind: Changing** the World One Small Act at a Time by Brad Aronson

The author discusses the simple everyday kindnesses all of us can provide to better our world.

### **Officer Clemmons**

by François S. Clemmons Clemmons, 75, who played Officer Clemmons on Mister Rogers' Neighborhood, was the first African American actor with a recurring role on children's TV. His memoir describes the hardships of his youth and his friendship with Fred Rogers.

### The Answer Is ...: **Reflections on My Life**

by Alex Trebek The beloved host of Jeopardy!, 80, writes about his show, life of prolonged fame, pancreatic cancer diagnosis and more.

### Hello Darkness, My Old Friend by Sanford D.

Greenberg Now 79, Greenberg lost his vision during college. Rather than settle for a quiet life, he went on to study at Harvard and Oxford, invented tools for the blind and operated several businesses.



### **An Immersion in Nature**

**Vesper Flights by Helen Macdonald** The author of H Is for Hawk offers beautiful essays about the natural world and the insight and comfort of observing it. **Becoming Wild: How Ani**mal Cultures Raise Families, Create Beauty, and Achieve Peace by Carl Safina Ecologist Safina explores the ways sperm whales, chimpanzees and scarlet macaws learn

## **Funny and Affirming**

tain social bonds.

from their elders and main-

### The Hilarious World of **Depression** by John Moe

The host of a popular podcast about clinical depression details his struggle with the illness and how discussing it, funnily enough, can make people laugh with relief that they're not alone. **Anxious People by Fredrik Backman** Fans of A Man Called Ove will adore the author's new novel, out

September 8. The story, told with zany humor, includes the failed robbery of a cashless bank (oops) and a farcical hostage situation.

### A Great Escape

### Her Last Flight by Beatriz

Williams War correspondent Janev Everett visits Hawaii in 1947 to research a pilot's disappearance and untangles a complicated, passionate story.

### The Henna Artist by Alka

Joshi In 1950s India. Lakshmi earns her living as an in-demand henna painter for wealthy clients, striving to keep her troubled past at bay. —Christina Ianzito

### ALSO OF NOTE



Chasing the Light: Writing, Directing, and Surviving Platoon, Midnight Express, Scarface, Salvador, and the Movie Game by Oliver Stone



# Hamnet by Maggie O'Farrell



**Dewey Defeats Truman: The** 1948 Election and the Battle for